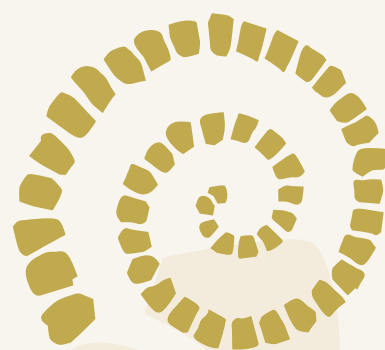




MYTHA SPA

D MARIS BAY

REVIVE YOUR ESSENCE AND

EMBRACE SERENITY AT *Mytha Spa*

At Mytha Spa, we tailor each experience to suit your needs, expectations, and deepest desires. From the moment you arrive, the ambiance is carefully curated. With our skilled spa artisans and estheticians, every detail is meticulously crafted, ensuring a perfect fit for your body, skin, spirit, and mind.

OUR PHILOSOPHY

At Mytha Spa, we believe in the fundamentals of well-being: move, nourish, breathe, connect, and find purpose. Our philosophy integrates mental, physical, spiritual, emotional, and environmental aspects, recognizing their interconnectedness. Each treatment is bespoke, and every experience is tailored to you. It is not just a treatment; it is your personal ritual. Each experience is crafted to match your desires, mood, and moment. Our aim is simple: to leave you feeling exactly as you wish at the end of your journey.

OUR PRODUCTS

Discover Seed to Skin: Where earth's power meets nature. Mytha Spa unveils a luxurious line of all-natural body and skincare products, rooted in ancient healing wisdom and holistic philosophy. Enriched with rare ingredients sourced locally and globally for purity, our chemical-free formulations feature organic components like essential oils and herbs from the Aegean & Mediterranean gardens, enhancing our therapies.

THE MYTHA RITUALS *Collection*

CORE RESONANCE | DEEP TISSUE THERAPY

Designed to reconnect you with your body’s deepest layers. Slow, deliberate strokes and focused pressure target the underlying muscle fibers, effectively releasing long-held tension. As physical blockages dissolve and mobility is restored, a profound sense of lightness and structural balance is naturally reawakened.

- 50 min
- 80 min

BALINESE SERENITY | TRADITIONAL BALINESE RITUAL

Inspired by the ancient healing rhythms of Indonesia, this therapy invites the body into a seamless, continuous flow. Gentle stretches and wave-like acupressure techniques guide you into deep harmony. Tension melts away as your vital energy begins to circulate freely, leaving the mind soothed and the senses beautifully awakened.

- 50 min
- 80 min

BOTANICAL ALCHEMY | AROMATHERAPY RITUAL

A deeply sensory experience shaped by the therapeutic power of bespoke botanical scents and intuitive touch. Carefully selected essential oils are blended with rhythmic massage techniques to calm the mind and restore inner equilibrium. Tailored to invigorate, detoxify, or simply unwind, this personalized journey leaves a lasting imprint of clarity and well-being.

- 50 min
- 80 min

PURE SERENITY | SWEDISH MASSAGE

A timeless classic dedicated to comfort and gentle physical restoration. Smooth, gliding strokes ease superficial tension, stimulate circulation, and support the body’s natural rhythms. As the muscles gracefully surrender, an effortless lightness emerges, creating the perfect space for deep rest and quiet renewal.

- 50 min
 - 80 min
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THE MYTHA TOUCH | SIGNATURE BODY RITUAL

Thoughtfully crafted to restore balance from within, our signature therapy combines intuitive, flowing massage techniques with the deeply nourishing properties of warm coconut oil. This holistic approach not only melts away muscular tension but also intensely hydrates the skin, enveloping both body and mind in a cocoon of absolute tranquility.

- 80 min

EASTERN FLOW | TRADITIONAL THAI RITUAL

A dynamic, ancient art form akin to passive yoga, designed to reawaken the body’s natural vitality. Combining rhythmic compressions, gentle rocking, and guided stretches, this therapy systematically releases deep-seated tension and restores flexible movement. A personalized journey of rejuvenation that harmonizes body and mind.

Guests are kindly invited to wear the light, comfortable attire provided for this session.

- 50 min
- 80 min

SOLE SANCTUARY | BALANCING REFLEXOLOGY

Designed to restore natural harmony from the ground up. By stimulating precise pressure points on the feet that correspond to the body’s vital systems and energy centers, this targeted therapy releases blockages and encourages seamless energy flow. A deeply grounding experience that invites both physical revitalization and a profound sense of inner peace.

- 50 min

ANATOLIAN HERITAGE | TRADITIONAL TURKISH HAMMAM

A timeless journey of purification inspired by centuries-old Anatolian traditions. Enveloped by the soothing warmth of the heated marble, your body softens in preparation for a traditional ‘kese’ exfoliation. A luxurious, cloud-like foam massage follows, using nourishing olive oil soap to cleanse and refresh, leaving the skin immaculately pure and the soul in serene balance.

- 45 min
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THE MYTHA RITUALS *Collection*

THE MYTHA HAMMAM JOURNEY | SIGNATURE RITUAL

A contemporary and highly elevated interpretation of the classic hammam experience. Infused with delicate notes of rose and lavender, this extended journey seamlessly merges deep purification with profound relaxation. Following the traditional exfoliation and foam massage, a nourishing body mask is applied to restore the skin's natural, radiant glow. A true sanctuary for the senses.

• 55 min

THE MYTHA *Facial* RITUALS

REJUVENATING NECK & DÉCOLLETÉ

A firming and revitalizing ritual designed for the delicate neck and décolleté area. Targets loss of tone and dehydration with intensive hydration and lifting actives to restore smoothness and elasticity.

• 30 min

EYE CONTOUR REVITALIZING TREATMENT

An advanced eye treatment targeting puffiness, fatigue, and fine lines. A biocellulose mask infused with active ingredients adapts perfectly to the eye contour, delivering an instantly refreshed and rested appearance.

• 30 min

CO-FACTEURS MASK ENHANCEMENT

An intensive skin-boosting add-on ritual using preformed professional masks (Biologique Féerie, PIGM400, Platysma). Designed to amplify treatment results through targeted active delivery and contour adaptation.

• 20 min

THE MYTHA *Facial* RITUALS

BIOLOGIQUE RECHERCHE FACIAL RITUALS

RESTRUCTURING & SOOTHING CARE

A soothing restructuring ritual designed for sensitive and reactive skin. Calms inflammation, smooths texture and restores skin comfort while improving hydration and balance.

• 60 min

OXYGENATING VIP O2 TREATMENT

A revitalizing oxygenation ritual combining bioenergetic massage techniques with oxygenating actives. Enhances cellular respiration, leaving the skin visibly fresher and more luminous.

• 60 min

LIFTING & FIRMING CVS TREATMENT

A complete lifting and firming ritual designed to restructure facial contours. Hydrates, tones, and smooths the skin while improving resilience against external stressors.

• 60 min

BRIGHTENING PIGM400 TREATMENT

A corrective and preventive brightening ritual targeting pigmentation irregularities. Helps reduce existing dark spots while restoring clarity, radiance, and a more even skin tone.

• 60 min

EXTREME PLUMPING FÉERIE MASK

An intensive collagen-boosting ritual using a cold veil mask saturated with marine collagen. Delivers immediate lifting, plumping, and firming effects with enhanced skin density and glow.

THE MYTHA *Facial* RITUALS

72k FACIAL RITUALS

72k SIGNATURE DELUXE FACIAL RITUAL

A fully personalized luxury ritual tailored to the skin's immediate needs. Combines advanced Swiss skincare technologies with targeted serums, massage techniques, and intensive hydration for visible rejuvenation.

- 60 min
- 90 min

72k ETERNAL RADIANCE LONGEVITY RITUAL

An advanced longevity-focused facial ritual designed to support skin vitality at a cellular level. Enzymatic exfoliation, active serums, and regenerative treatments work in synergy to restore firmness, elasticity, and radiance.

- 90 min

GENTLEMAN'S FACIAL RITUALS

PERFORMANCE FACIAL RITUAL

A performance-driven facial designed specifically for male skin. Targets fatigue, dehydration, and environmental stress while restoring clarity, balance, and resilience.

- 50 min

72k SWISS MEN LONGEVITY CARE

A Swiss-engineered longevity ritual designed for modern male skin needs. Strengthens the skin barrier, reduces visible fatigue, and restores a firm, energized appearance.

- 60 min

72k ADVANCED ANTI-AGING RITUAL

A high-performance anti-aging ritual combining advanced Swiss actives with intensive lifting techniques. Improves firmness, reduces wrinkles, and restores a more sculpted facial appearance.

- 60 min
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THE MYTHA *Body Care* RITUALS

AFTER PARTY DETOX TREATMENT

An energizing full-body massage followed by a detoxifying algae wrap. The thermal wrap helps purify the body while restoring balance, lightness, and overall well-being.

- 75 min

BODY SCULPTING ANTI-CELLULITE TREATMENT

A contouring and draining body ritual designed to smooth and refine the silhouette. Thermal action activates marine ingredients to support circulation and improve skin tone and firmness.

- 75 min
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MYTHA SPA *Policies*

RESERVATIONS

Advance reservations are recommended to secure your preferred treatment time. When making your booking, please share your room number so that your appointment may be confirmed.

ARRIVAL

Guests are invited to arrive approximately 30 minutes before their scheduled treatment. Those who wish to enjoy the spa facilities are welcome to arrive one to two hours earlier and take time to unwind.

AGE REQUIREMENT

Guests under the age of 16 may enjoy the pool and bathing areas between 09.00 – 11.00 and 14.00 – 16.00, accompanied by a parent.

VALUABLES

For peace of mind, valuables are best kept in the in-room safe. Mytha Spa and D Maris Bay cannot accept responsibility for lost or misplaced personal belongings.

LATE ARRIVAL

Should you arrive late, the treatment will be offered within the remaining scheduled time. To respect other guests' reservations, the treatment duration may be shortened and 50% of the treatment cost will remain apply.

CANCELLATION

Appointments may be rescheduled or cancelled up to 4 hours in advance to avoid charges. For spa packages, rituals, or group reservations, a 12-hour notice is required. Late cancellations will incur a 50% charge.

SPA ATTIRE

Guest comfort and privacy are respected at all times. Spa attire, including robes, slippers, and disposable underwear, is provided for your convenience. Comfortable attire is also provided for Thai massages. Guests wishing to use the swimming pool or fitness facilities are invited to bring their own bathing suit and gym attire.

MEDICAL CONCERNS

Please inform the spa reservations team prior to your treatment if you have any medical conditions, allergies, physical limitations, or are taking medication, as this may influence the suitability of certain treatments.

SPA ETIQUETTE

Mytha Spa is dedicated to quiet relaxation. Guests are invited to respect the peaceful atmosphere and the privacy of others throughout their visit.

MOBILE PHONES

To preserve the tranquil atmosphere of the spa, mobile phones should be kept on silent mode.



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